ON THE TRAIL

Imagine & Connect
WITH SENSES

If you could step inside this painting by artist Miguel Covarrubias, what would you hear? See? Feel? Smell?

Find a quiet spot on the trail and connect with your senses.
Close your eyes for a moment. What do you smell? Feel? Hear?
Open your eyes. What do you see all around you?

LOOK FOR COLORS

Miguel loved the bright colors he saw in Tehuantepec, Mexico, especially at festivals like the one shown in the painting. What colors do you see in his Tehuana Woman painting?

Now play “I Spy” with your group to find those same colors around you on the Turkey Mountain trails.

COUNT & DANCE

Notice the people dancing in the background of the painting.
How many dancers can you find? ________.

With your group, make up your own dance and movements inspired by the plants, animals, rocks and surroundings at Turkey Mountain. Hop like a frog, flap your wings like a butterfly, and sway like a tree!
CLIMATE CLUES

What clues do you see about the weather and climate in the Tehuana Woman painting?  

What clues around you right now tell you about Tulsa’s climate and today’s weather at Turkey Mountain?

NAVIGATE our WORLD

Miguel was from Mexico, and many of his paintings show people and places from the state of Oaxaca. Oaxaca is in the south of Mexico.

When you are facing the painting on the trail, you are looking south.  
What is the view from this direction?  

Now turn west, north and east and compare the view from each direction.  
Which view is your favorite? Why?

Fun fact: Did you know that some birds such as the Least Tern visit both Oklahoma and Mexico each year?  

Look for this small bird with its brilliant yellow bill, and black and white head pattern at Turkey Mountain in late spring and early summer when they build nests along the Arkansas River!
**DRAW YOUR OWN CELEBRATION**

The girl in the painting is dressed up for a party. **What do you notice about her clothing, jewelry and hairstyle?**

Think of a community or family celebration that is important to you. Imagine that you could hold this celebration at Turkey Mountain. **What would you wear for this special day?** **Draw yourself and loved ones at the celebration on the back of this page.**

Name _______________________________ Age ______

My celebration________________________________________

Place ________________________________________________

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**SHOW YOUR ART**

Do you want to show your art to others? Bring your family celebration drawing to:

Curations (Gilcrease store)  
101 E Archer St. Tulsa, OK 74103  
**Store hours:** Wednesday-Saturday, 12 to 5 p.m.

We’ll exhibit your drawing and host a special party for artists and your families! Plus, you’ll receive a prize and a coupon for the store.
Try This at Home!

MAKE YOUR OWN PAPEL PICADO

The community celebration in the *Tehuana Woman* painting takes place outside, under tall trees. The trees in the painting are decorated with brightly colored paper banners called papel picado.

1. Cut tissue paper into square sheets.
2. Fold one sheet down in half, and then in half again in the same direction.
3. Cut triangles along the bottom and/or other shapes along the edges.
4. Unfold once and fold the top down. Cut out more simple shapes along all of the edges. Be sure to leave some uncut areas so your design doesn’t come apart.
5. Unfold your paper to reveal your design!
6. Fold the top side of the tissue paper over yarn and tape or glue closed.

Cut out more sheets of papel picado and string together to create a banner for decoration in your home or community!
Check out this book list inspired by Miguel Covarrubias’ painting, *Tehuana Woman*. Titles are available for check out at Tulsa City-County Library branches.

*Vámonos a Oaxaca*
by Patty Rodríguez

*ABeCedarios: Mexican Folk Art ABCs*
(in English and Spanish)
by Cynthia Weill and K.B. Basseches, illustrated by Moisés and Armando Jiménez

*Colors!/Colores!*
by Jorge Luján

*Where Do the Birds Go?: A Migration Mystery*
by Rebecca Olien

*Celebrations: Holidays of the United States of America and Mexico/
Celebraciones: Días Feriados De Los Estados Unidos y Mexico*
by Nancy Tabor

*Making Magic Windows: Creating Papel Picado/Cut-Paper Art With Carmen Lomas Garza*
by Carmen Lomas Garza

*Costume Around the World: Mexico*
by Jane Bingham

*The Food of Oaxaca: Recipes and Stories From Mexico’s Culinary Capital*
by Alejandro Ruiz and Carla Altesor

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**Gilcrease in Your Neighborhood**

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