

KEYSTONE ANCIENT FOREST

FAMILY  
ACTIVITY  
GUIDE



**GILCREASE**  
IN YOUR NEIGHBORHOOD



Miguel Covarrubias (1904-1957), *Tehuana Woman*, c. 1940-1950. Gouache on paper, 20 x 14 (original) in. Glicrease Museum, 02.1475

## Imagine & Connect WITH SENSES



If you could step inside this painting by artist Miguel Covarrubias, what would you hear? See? Feel? Smell?

Now find a quiet spot under the trees and connect with your senses.

Close your eyes for a moment. What do you smell? Feel? Hear?

Open your eyes. What do you see all around you at Keystone Ancient Forest?

## LOOK FOR COLORS

Miguel loved the bright colors he saw in Tehuantepec, Mexico, especially at festivals like the one shown in the painting. What colors do you see in his *Tehuana Woman* painting?

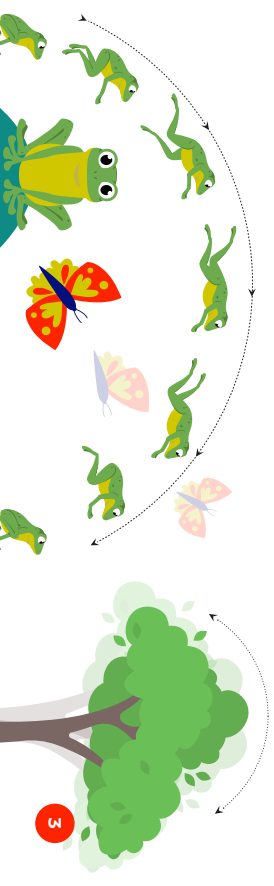
Write or color them in the bubbles below.

Now play "I Spy" with your family or group, and find those same colors on plants and wildlife around you on the Keystone trails!

## COUNT & DANCE

Look at the people dancing in the background of the *Tehuana Woman* painting. How many dancers can you find? \_\_\_\_\_

Find an open space for your group to make up your own dance and movements. Hop like a frog, flap your wings like a butterfly, and sway like a tree! What other moves can you come up with inspired by the plants, animals and natural features at Keystone Ancient Forest?



## FIELD NOTES

**Did you know that a famous author from the 1800s wrote about the place we now call the Keystone Ancient Forest?**

Washington Irving came through this area almost 200 years ago and recorded observations about the people he met and the places he saw.

**What observations can you make about the *Tehuana Woman* painting?**

## What have you discovered along the Keystone trails?

Capture what you've found in the journal entry below.



Date and time:

**Weather and season:**

Description of something interesting I found:

Questions I have:

Things I noticed from the painting:

4



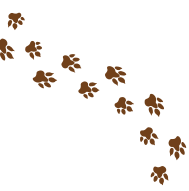
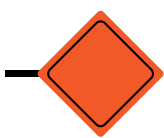





### Sketches of things to remember:

[illegible]

SEEK & FIND: CROSS TIMBERS

The community celebration in the *Tehuana Woman* painting takes place outside, under tall trees. **Did you know that some of the trees in the Keystone Ancient Forest are hundreds of years old?** They are an important part of a unique area called Cross Timbers. Cross Timbers are made up of a combination of forest, woodland and prairie areas.

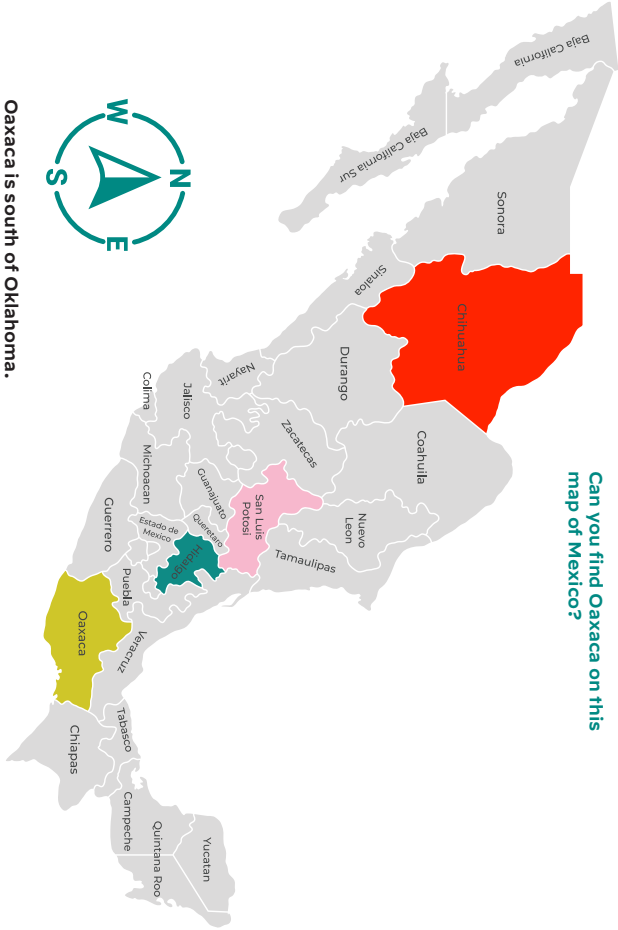
As you walk the trails at Keystone Ancient Forest, look for elements of the Cross Timbers. Try to identify three in a row, or fill up your bingo card.

 Red Cedar trees	 Post Oak trees	 Bobcat tracks
 Prescribed burning information sign	 Big Bluestem grass	 Deer tracks
 Moss or lichen on rocks	 Black Jack trees	 Eagle

NAVIGATE OUR WORLD

Artist Miguel Covarrubias was from Mexico, and loved visiting Tehuantepec, the place shown in this painting (he even wrote and illustrated a book about it!). Tehuantepec is in the state of Oaxaca.

Can you find Oaxaca on this map of Mexico?



Oaxaca is south of Oklahoma.  
Using the compass as a guide, turn south from where you are on the trail. What do you see facing south?  
Now turn east, north and west. Which view is your favorite?



## ▶ DRAW YOUR OWN CELEBRATION

The girl in the painting is dressed up for a party.

**What do you notice about her clothing, jewelry and hairstyle?**

Think of a community or family celebration that is important to you. Imagine that you could hold this celebration at the Keystone Ancient Forest. **What area of the forest would you use? What would you wear for this special day? Draw yourself and loved ones at a celebration on the back of this page.**

Name \_\_\_\_\_ Age \_\_\_\_\_

My celebration \_\_\_\_\_

Place \_\_\_\_\_

## ▶ SHOW YOUR ART

**Do you want to show your art to others?**  
Bring your family celebration drawing to:

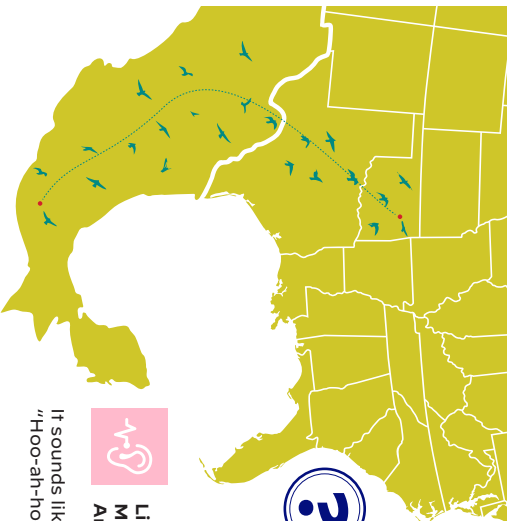
**Curations** (Gilcrease store)  
101 E Archer St. Tulsa, OK 74103

**Store hours:** Wednesday-Saturday, 12 to 5 p.m.

We'll exhibit your drawing and host a special party for artists and your families! Plus, you'll receive a coupon for a store discount.

## ▶ PICK UP YOUR PRIZE!

Thanks for participating in Gilcrease in Your Neighborhood and visiting the Keystone Ancient Forest! Head to the visitor center to pick up your prize.



**Fun Fact:** Did you know that birds such as Mourning Doves fly back and forth (migrate) between Oklahoma and Mexico?



Listen for the mournful cooing of the Mourning Doves that live in Keystone Ancient Forest!

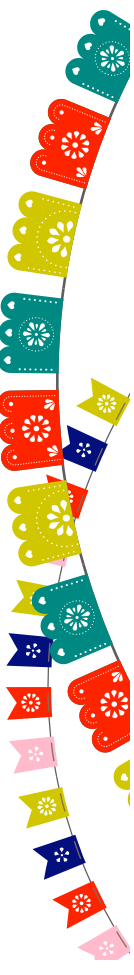
It sounds like this

"Hoo-ah-hoo...Hooo...Hoooo...Hooooooooo"

Color the picture of Mourning Doves below.

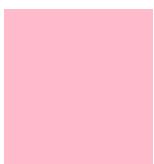




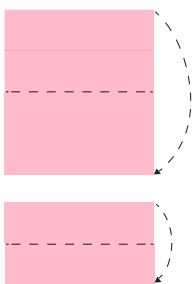


## ▶ TRY THIS AT HOME!

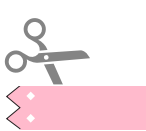
The trees in the *Tehuana Woman* painting are decorated with punched paper banners called papel picado. Make your own papel picado!



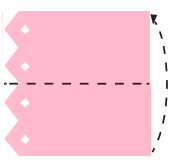
1. Cut tissue paper into square sheets.



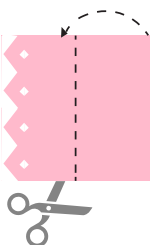
2. Fold one sheet down in half, and then in half again in the same direction.



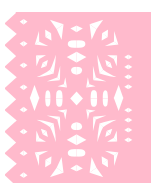
3. Cut triangles along the bottom and/or other shapes along the edges.



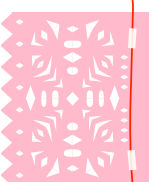
4. Unfold once and fold the top down. Cut out more simple shapes along all of the edges. Be sure to leave some uncut areas so your design doesn't come apart.



5. Unfold your paper to reveal your design!



6. Fold the top side of the tissue paper over yarn and tape or glue closed.



Cut out more sheets of papel picado and string together to create a banner for decoration in your home or community!



## READ AND LEARN MORE



Check out this book list inspired by Miguel Covarrubias' painting, *Tehuana Woman*.  
Titles are available for check out at Tulsa City-County Library branches.

*Vámonos a Oaxaca*  
by Patty Rodriguez

*ABeCedarios: Mexican Folk Art ABCs*  
(in English and Spanish)  
by Cynthia Weill and K.B. Basseches,  
illustrated by  
Moisés and Armando Jiménez

*Colors!/Colores!*  
by Jorge Luján

*Where Do the Birds Go?:  
A Migration Mystery*  
by Rebecca Olien

*Celebrations: Holidays of the United States  
of America and Mexico/  
Celebraciones: Días Feriados De Los  
Estados Unidos y Mexico*  
by Nancy Tabor

*Making Magic Windows:  
Creating Papel Picado/Cut-Paper Art  
With Carmen Lomas Garza*  
by Carmen Lomas Garza

*Costume Around the World: Mexico*  
by Jane Bingham

*Biodiversity of Woodlands*  
by Greg Pyers

*A Walk in the Forest*  
by Maria Dek

*A Tallgrass Prairie Alphabet*  
by Claudia McGehee

*Who Needs a Prairie?  
A Grassland Ecosystem*  
by Karen Patkau



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